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I am going to try to start learning how to put things on tape. And rather than go into information on the book right now, I just want to give a few definitions. This probably will not be able to be used in this particular book on reincarnation but it will give possibly some material that can be used later on in a book on Christianity or spiritual awareness or mysticism. So I'm just going to give some definitions that have been coming to me the last few days - and try to put them on tape so they can be remembered, because a lot of times what happens is that I get a lot of information but it comes and then it goes into the subconscious or the unconscious mind until I call for it again. By putting it on tape at least it won't be lost.

I have been meditating lately on the words that Christianity uses and its terminology and teachings to humanity. In doing so I have come across some words that cause a lot of problems for a lot of people. In meditating on them, I now realize why a lot of people have a lot of hangups and are caught up in the dogma of the church. So I want to share at this time just a few of these to start with and I'll continue on as I come across other things.

Repentance: The idea of repentance is something that has been lost as far as its true meaning. Today repentance goes hand in hand with the idea of being forgiven for sins and doing pentance to be forgiven for those sins - that is being repentant. But in the true sense of the Christian word and in the true sense of the mystic word repent means to return - to return to God, to come home once again to the Father. When Jesus and mystics of the past said unto mankind, repent, they were not saying commit a form of repentance for your sins, they were saying, "Return to the Father, look back to the Father, look back to the Creative Source." That is the pathway home - not looking outward into the world, into the universe of the physical - but rather looking inward into the spiritual universe and finding God within. That is to

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repent - to return to God. So this is a definition as I would give it at this time on repentance - that is looking upward and looking inward. Finding the Father - repenting = returning to God.

Remission: Remission has come to have many meanings throughout Christiamdom and throughout many different religions today. In meditating on all these different words, I have seen that words change from century to century. Even though the word may be pronounced similarly, the word meaning can go through a great transition in the process of language barrier and exchange of ideas and of just time. Language changes with time and the meaning of the words of that language change with time. A very good example of that is the word quantum. Quantum in the scientific terminology actually means very small, very minute, as in describing a very small particle or a very small time that a particle exists in experimentation. It is probably one of the most minute or smallest amounts of time that is there - that is available for man and his description of time and of particle size. It has since its inception into the language just a few years ago come to mean something very different and you hear people talking about quantum leaps as though they were gigantic, immense size-wise changes that go on or movements ahead in time - the quantum leap of man's evolution. But really quantum meant in the beginning very minute, very small. But somehow in the time - just over the last few years the word has come to mean just the opposite. I think you find this in a lot of areas in language and you fine this to be a great problem in the interpretation of the Bible and in the writings of mystics throughout the ages. And so you come across the word remission and how that can be interpreted. So lets go to the dictionary and find how that word is used today. "Pardon, forgiveness as for sins; release from a debt, tax, etc.; an abating as of heat or pain." Do you really believe that the true meaning of remission or the forgiveness of sins through pardon has anything to do with what the true mystics were teaching centuries ago. And is it possible that the word remission has come to have a differnet meaning today than it had centuries ago.

I believe, from my own interpretation as I have gone into meditation and meditated on the word remission, that remission means something totally different from "pardon or now the forgiveness of sins." Especially through repentance because repentance/means to return. Remission means letting go - letting go. Now, what does that mean in terms of repentance? How can one return to God, repent, without first being in a state of remission - of letting go of the past - of letting go of his old ways? By entering into a state of remission - of letting go - one can then repent and return to God and become one with the God nature once again. So through remission - through letting go - one enters into a state of repentance, of returning to the Father. This, in the mystical sense, is the true nature of what remission and repentance are.

Forgiveness: First we will look up the word forgiveness and then we will go into something of a different type definition - the way again the mystics saw the word forgiveness and still do today. These definitions in the mystical sense have not changed but in the outer sense - in the sense of the humanities I guess you would say, it has changed a great deal. (Dictionary definition: a forgiving, a pardon, inclination to forgive. Definition of forgive: to give up resentment against or the desire to punish and to pardon. To overlook an offense. To cancel a debt. To show forgiveness.) O.K., in the true mystical sense of forgiveness one enters into a state of giving when one learns to be remissive of his past - lets go of the past - and to repent or to return to the Father. In the process of returning, one learns to be giving - you have to be giving in order to return to the Father. You can no longer look unto the universe and say, Give to me, Give to me, Give to me you have to say, I give, I give, I give. You have to open your heart, open your mind and open your soul to God in the returning process. And in that process you give of yourself to him and then you give of yourself to humanity. So you have to enter into a state of giving - you have to be for giving and not for taking. And that is the definition of forgiveness - to be in a state of giving - to be for the ejvingness in you in God. That is forgiveness. 3

Another thought on forgiveness that just came to me is that in the process of giving one learns to receive but at a higher level than before - a different level than before. In the process of giving one loses self and becomes selfless. In that process of becoming selfless, one begins to find a new law of receiving. And in that receiving one begins to give more and more. For as you give and open up and create a flow in that giving process - of letting something go from you - something must come into you and fill that which you have given. So then you get into the state of receiving, no longer of the taking but of the receiving. So in that givingness of self, one learns to receive from the higher self and one begins to attune to the higher level of the giving and the taking of onesself and finds the giving and the taking of the God self instead of the lower self. No longer does one need to take, take, take in order to have, have, have. One instead begins to give in order to receive.

Kaye, This is something different from the first part of this tape. As they come
I'm just going to be putting them on the tape and it will be up to you to separate things
one from another. This I'm including because it has some information and some phrases
I think that are nice and it could be used later on. This is a letter I am writing
to a gentleman who has had cancer and has been healed and is having some conflicts
with himself about why he was healed and where he is going with this now. He just
had what he thought at first was a relapse of cancer and it just turned out to be a
gall bladder attack, but from the message I think it happened for a reason. And
so I'm going to read the letter that I just wrote to him mainly so that you can get the
wisdom out of it - maybe you'll learn something and maybe you'll want to write it up
for reference later on. It says,

Dear Aziv: (?)

Hope you are now feeling better and also feeling closer to God. Remember all things in the universe happen with cause and reason so I believe your little attack was for good cause and good reason. You are here for a purpose. As of yet the full meaning of that purpose has not been revealed. I believe it will be sometime before God reveals all to you in that area. Right now he is more busy trying to make you aware of purpose and the reasons for living, not dying. You can be of greater help to him here, helping your fellow man in his creation, than by being in spirit and separated by dimensions of time and space from those who are in need. Go within and release yourself to God's purpose and God's will and realize that with that purpose and will comes certain responsibilities. One of those responsibilities concerns the body - the temple within - which the spirit, the soul and God can serve his creation. This means cleansing and preparing the pathway, the physical, emotional and mental nature. Watch what and how you eat and drink. Watch what and why you feel and react. And watch what and why you think and believe. "Prepare the way of the coming of the Lord," said the great mystics of old. So you must prepare the way for the Lord's coming into your life - a life of service. Not that he is not already there fulfilling much

through you at this time. But there is yet "And greater things and gifts shall be given unto you if you but prepare and become the will of God." This is a phrase from an ancient mystic writing and so it is true today that if God is to come into your life, you must in a sense prepare his coming - prepare the temple so that his indwelling can be as pure a manifestation as possible. So my dear brother, begin to consider your life, your environment, your diet, your emotions and stress, your thoughts and understandings. Balance the physical with good nutrition and exercise and balance the emotional nature and the mental nature. In other words a thought for every feeling and a feeling for every thought. Have understanding for each thought that you have and then have a feeling to go along with that thought to give it power and motivation. And when you have a feeling, come to an understanding of that feeling and balance it out in your life so that it can be used as a source of power and strength rather than something that might negate your service. In balance you find a rhythm in life which leads you to a pathway of peace. That peace then leads you upward and inward to the Father. If I can be of any other help in these areas or understandings, let me know. The letter just goes on about a program I'm giving him to help cleanse his gall bladder.

You might want to write that up just to have it and it might be beneficial

It is very good to see someone who is searching and asking really good questions and not just being involved within themselves - really trying to come to some sort of a philosophical understanding as well. So don't be afraid to ask the questions and I'll try not to be afraid to answer them.

Astral Karma: Can it be dealt with on other planes or can it only be dealt with in the astral? O.K., one of the reasons you have to incarnate into the physical world is because you have to deal with physical karma. You can only deal with physical karma when you are in the physical plane of the physical universe. And that is the only time, really, that you can be dealing with that particular karma. It's not impossible, but it's almost impossible to deal with physical karma on other planes because most karma that is dealt with physically or that is dealing with physical karma has to be in a sense balanced through physical expression. The astral karma, likewise, has to be dealt with on a conscious astral level. Boy, it would be great if we could go ahead and deal with karma both in the physical and the astral and the mental all at the same time. But it's virtually impossible because very few people can really exist and function on those different levels while in the physical body. You have to really be living in that particular plane of existence, in the physical, the astral or the mental in order to deal with that particular at that particular plane so that you can be conscious of what's taking place, conscious of the relationships and conscious of the effort of the balance. If you are not totally conscious of it it is very difficult to really deal with the karma and balance it out the way it should be balanced. I think that answers it pretty well. You pretty much deal with astral karma in the astral plane after you have left the physical body. When you travel astrally, you are usually travelling to learn or educate yourself or to function in some way as a healer or this type of an energy. At this level you could possibly even be dealing with some levels of physical or astral karma if you were involved with healing of some kind, but that's a very rare case and most of the time astral travel is mainly meant as an educational tool or as a way to release yourself from some of the pressures in the physical for a while, rather than trying to attempt at balancing of karma.

Masters: Have they ever gone through an evolutionary process? Yes, definately. Somewhere in the universe they have had to go through some sort of an embodiment process, an incarnating process where they became masters through the process of development just as we are doing now. We are masters as far as the soul is concerned - we are all spiritually perfect and whole, but the consciousness has to grow to that awareness and this is what embodiment is about. Growing into the awareness of our wholeness, of our godliness. A master is one who has gone through these embodiments and has achieved that awareness. A master has to go through certain incarnations, just as everyone does in order to achieve that spiritual perfection and masterhood. He must grow and evolve into that masterhood state just as we ourselves are doing. Back in early time, when humanity was just beginning on this earth and there weren't really any masters that had evolved from the human race of this planet; masters from other solar systems and other parts of the universe came and incarnated and began to help mankind up out of the swampiness of earthy, animalistic nature, and helped to try to pull him closer to his own spiritual nature. They embodied and actually demonstrated and displayed the higher qualities of man, rather than just letting man exist in the lower. It wasn't until much later that some of the souls that were earth-bound souls (earth souls when they began their incarnations here) were able to then, through the inspiration of other masters - what you might call extra-terrestrial masters because they are not masters of this earth. They followed the demonstrations of the extraterrestrial masters and became masters themselves - so I hope that that answers that. I will state that at the time of Neanderthal Man someone had to come and actually help them and stimulate them into the understanding

and awareness of the higher - of the spiritual - and also help instruct tham in agriculture and things like this as well, so that their evolutionary process could be

sped up. These are the greater being that are always looked into as in mythology as gods later on - where really they were just great souls that came and taught and educated at a moment when it was needed.

Dalai Lama: He is an embcdiment of a perfected form of masterhood and he is trying to serve a certain group of soul energy - which is the Tibetians. He is trying to help in their evolution - bring them up step by step in their own evolutionary process and bring them into spiritual awareness and also to help introduce them into the new ages as they come about. I don't know that it helps in his evolution so much, because he has evolved to a certain level of spiritual awareness and rather than continue his growth, he has chosen to stay at a particular level. But the Dalai Lama is reincarnated time and time again within the same populace - within the same group - soul energy in order to help those people come into a certain level of awareness. And also to keep alive a certain level of truth that needs to be on the earth plane for the evolution of man as a whole.

I might tell you a little story here that is very interesting. I had a very good friend who has now passed over that was a master of the Aggie Yoga (?) Society - Ralph Houston - he's the one who told me this story and quite a beautiful soul. He was the student and disciple of Nicholas Rorick (?) and Nicholas Rorick had witnessed the selection of this last Dalai Lama. The story goes like this: He had been there at the time when they brought several of the children together for the final test of the children that they suspected might be the Dalai Lama. What they do is work up exact astrological charts of the exact moment of the death of the Dalai Lama and they ask for all the people in the land to report any births at that moment. Out of those that are born, they do charts on those children - due to location they will change a little bit. They begin to weed out those that could and couldn't be - for instance it's never going to be a girl in their tradition - it's always going to be a man - so it's always boy children they look at. As the child gets older,

they begin to ask the child certain questions - about spiritual matters as well as about the past life of the Dalai Lama. Finally, at the last moment of selection the final test is they take around 500 objects - items - and lay them out in this large room in the Lamasary - 250 of which belonged to the Dalai Lama in past lives and 250 of which belonged to the monks within the Lamasary itself - they do not belong to the Dalai Lama. So then the child is led into the room and he has to go in and pick out the 250 items that were his. If there's a mistake - if he picks out one item that was wrong or more than one item that's wrong, there is a suspician that it may not be him. And then they go through even further questioning and testing. This last one went through and picked out all 250 items that were his and then, according to the story I've heard, went out into the courtyard where two lamas were talking and asked that the Lama give him the set of rosary beads that he was wearing around his neck. The Lama says, "Why, why do you want them?" And the young boy said, "Because I gave them to you and I want them back now." And so then the Lama, realizing what was going on, came into the room and announced that these beads had been given to him by the Dalai Lama at one time and that truly this must be the Dalai Lama returned for he had asked for his beads back.

On the deal with Sirius, it's hard to say what we were there - I don't know the full lifetime stories there mainly because they just don't relate to the system here so well. There we were students as well as eventually teachers, but from there I really can't go into it until I start meditating and maybe getting the material for a book or something. The they would give me more material. I just never investigated it.

Concerning blinking start, this is more into astronomy than actually anything else. This is actually a star that is going through a stage of evolution. Each star, in a sense is the physical embodiment of a soul - of a particular awareness or energy. Just as our sun has a soul energy behind it called a logos - he's a solar logos - so too each sun that is in existence is a solar logos going through a certain level of spiritual evolution. A blinking start is just a ... (first side of tape over - never goes on with this on second side)

Where is Charon Singh? Who are the other embodiments of God - Is it usual to have 3 or 4, say for different parts of the world?

Charon Singh right now is in India - he lives in Northern Iddia, I think in the Punjab area, in Beas (name of community or town). He is a living master - a living word - just as Jesus had been. I really can't say who the other embodiments are - I know for sure there are two in India - Charon Singh is one and I am not sure of the other gentleman's name, though I have seen his light a couple of times. Then there are other levels of embodiments but not true manifestations, such as Charon Singh would be, but the 11-Ring Master of the Coptic is one who is a particular form of embodiment but he is not say like a living word as Charon Singh would be. It depends upon the Master and where the need is. YOu usually find these living Masters in the East or in the Middle East for some reason more than in the West, mainly bacause that is traditionally where their energy has come from and where their embodiments have been. I don't know whether it's just a tradition or whether they just choose to come back there but also they are more readily accepted there and understood there than in the West - that may have something to do with it as well.

Is your master a living saint? Yes, my master is a living saint and this is one reason I hesitate because I am not allowed to reveal where he is or who he is because he chooses at this time not to be revealed. But he is a living saint - he is a living word of God. Eventually, I am sure that he will allow me to share with people who he is and where he is but until that time I really can't say. Usually what a master does is he takes you on as a disciple - you can relate this to Jesus and his life too you will see that it corresponds. When a master takes on a disciple, such as a living saint here takes on a disciple, then he as well takes on a certain level pf karma as well as the karmic responsibility of that soul. He leaves it up to the individual to begin making choices as to the right and wrongs in his life and balancing out certain levels of karma. But also the master will take on certain levels of karma as well and burn it off in meditation. Then he teaches you a certain level of meditation, likewise, so you don't have to experience all the karma that you normally would. What I was referring to "in 4 lives" is what happens is that if you will live according to what he tells you to do - if you will live according to his tradition, and practice meditation and all, he can promise you that in 4 lifetimes you will achieve spiritual liberation - spiritual perfecting. But if you do not live up to those traditions and meditation standards, then it could take a lot longer. One time I heard Charon Singh talking and he said one disciple asked "Which one of my 4 lives is this incarnation - is it the 1st, 2nd, 3rd or 4th life towards my liberation?" And Charon Singh looked at her very quietly for a moment and said "It's one of many of your 4th lives." I thought that was a very good reply.

O.K., of the 144,000, I don't know how many for sure came from Sirius. I feel like at least 12,000 came from Sirius - if there were more than that I'm not sure. I think that the 144,000 really came from many different places, rather than just one and I wouldn't be surprised if maybe it was groups of 12 at 12,000 a piece that came in. I don't know if they multiplied - I doubt seriously - I suspect it's been

the same throughout. Now the level of Masters on this Earth have increased because certain levels of Masters have risen from humanity of the Earth - so beside the 144,000 that were extraterrestrial or came from outside this solar system, there are also those now that have risen from their own earth kingdom to spiritual mastership.

You ask Universal Spiritual Kingdon - how did the people (souls) get there in the beginning - were they always there? Well no, they weren't always there. The souls were a manifestation of God and at one point in creation he created all the souls by by sending parts of himself out into the universe to create and to with experience. So there was a beginning with that where he moved forth his own energy to send himself out, in many different parts, and that became the souls of man. (Not sure he understands rest of question or if he has answered it to my satisfaction.) Please rephrase.

The next question is, "If Jesus was Moses, was or is he also Charon Singh?" Wow, that's a very good question - I like that. O.K. - It's the other way around really.

of
Charon Singh, Jesus and Moses are/all the same energy in the sense that they/came from God and now they're living embodiments of God, but they are not the same soul in their evolutionary process. Jesus and Moses were the same soul but Charen Singh was not - he was of a different soul. But eventually, when you reach spiritual illumination and merge into oneness with the God consciousness, you become one with all so then there is no separation at that point. So at that point Jesus, Moses,
Charon Singh - all of the living saints - are one in the same. There is no differentiatio That's why you may have Jesus as the Master of one life and Charon Singh as the master of another life but yet it's always the same mastership - the same lineage - the same energy that is the master of your soul. Not the personality, because at that level there is no more personality.

Are there lo ts of different embodiments of God or only one? O.K., we are all embodiments of God. Each and every one of us is a devine spark and we are all full manifestations of God, full embodiments of God, but we are just unaware of that manifestation. Whereas Charon Singh and the other living saints are aware of their mastership - are aware of their God-self where we are not. That's what separates us from them. We have our focus here in the physical universe - they have their focus in the spiritual. And when we obtain spiritual focus, we will obtain spiritual God=realization. There are usually more than one embodiment of God on the earth. Usually 3 - 4, maybe more than that but there's always at least one - there always has to be at least one as a focus of God in the flesh, God in the word - in the flesh - to help liberate the souls into being a true representative of God on earth. Does three or 4 at a time mean overlapping souls? No. Again at this level, when you have a perfect living saint, they no longer have a soul quality - their soul has merged and has become in a sense God. So at that level there is no separation, there is no difference from God and this embodiment. They become the living word they become the flesh. When Jesus said, "I am the path. I am the way to truth and light." He was saying, "I God." not "I, Jesus." And now all three or four of them could say the same thing at the same time and it would have the same meaning even though in the beginning they all came from different souls, now they all have merged into oneness with God and so no longer are different.

If guides are in most instances expressions of past lives and if Isaiah, Jesus and Charon Singh came to your desk dedication, are you not also a living saint?

Oh, I'm not going to answer that - I'm not a living saint. No. They came to me to let me know that the work I'm doing is a very important work and to really make sure that the energy here at the dedication of this desk was blessed to the highest because I've always asked that nothing but the highest come to me - that nothing but the highest work through me. So I've always asked for that - and they

came because I have asked. But that does not mean that I am a living saint by any means - I wish I was, I wish I was.

People that meditate and see Jesus as a guide, are they not too a part of that expression? Jesus is a being on the other side, an identity within the soul of each of us as well because he was a manifestation of God - he was a living part just as we are. Often times, when we need to move into that God self, when we come into contact with that God self, we will see it as Jesus rather than something other than Jesus because we relate to God in form and embodiment as Jesus. So when we finally begin to come in contact with to some extent with our own God self, we begin possibly by seeing it as Jesus. So a lot of times people will see this in meditation and as they become attuned to their own God-self they/really doing just that - becomming attuned to their own God self. But to them it might look as if they are coming into contact with the Master Jesus. And in a real essence they are and in a real essence they aren't. The true identity of God within us has no personality, no identity, no body. It is a state of being if you can even describe it in that manner. Where we are conscious physical beings, we need something to relate to in a conscious, physical way. So by putting an identity to it, we will tend to be able to relate to that essence much better. You'll find in the Mohammedan religion that they will tend to feel that they have seen Mohammed, possibly. In the Islamic faith, although there are no paintings of Mohammed, you'll find that when the Islamic mystics come into a sense of becomming one with God or Allah, they tend to possibly see their mystical interpretation of **kex Mohammed. The Jews often feel that they have come into contact with Moses. In the East with Buddha or some of the other eastern mystics that have taught in the past. There are other explanations as well but I'm going to just leave it at that explanation right now because that would be the highest interpretation and I think the most clear interpretation. Otherwise we're going to get into a lot of psychological factors in a discussion about mental emotional plane activity as well. Let's leave it at that point at this time.

Is the final answer that everyone everywhere is a living embodiment of God - the differenc being that some are more aware to certain aspects of this than others? Yes, I've already pretty well stated that a while ago.

Then you ask, what are the different aspects of God?

Boy, you do ask some difficult ones, don't you? It gets into a long, technical layout here so let me just explain a few things and maybe it will give you an understanding from the very beginning. There are actually 16 aspects of God and these aspects are necessary for creation itself to manifest. In many of the metaphysical or spiritual books you read, they will be called the sons of God. Each son represents a certain aspect of God, which had to manifest separately in order for creation to take place. Even on the highest spiritual level, creation esoterically speaking means just this -God's separating himself into so many parts which become the creation. Since the ultimate reality is the oneness of God not his manyness, there is a very real sense in which creation on any level - even the highest - is unreal and illusory. I don't know if this makes a lot of sense to you but I am trying to explain a little bit about his aspects. So you can see that creation really is an illusion but it is an illusion in which we ourselves are caught up in - in the fact that we are caught up in the separateness of God. And as we look toward the union or oneness of God, we move past that illusion once again and into the reality of his presence. This is what these aspects play a role in - the devine creation, the devine illusion. So these different aspects - I can name some of them - I don't know all the names of them but I can name some of them if you would like. 1. One aspect is discrimination 2. Time and space 3. Effortlessness or fearlessness 4. Contentment 5. Attention 6. Selflessness Worrylessness 8. Being merciful - that aspect of him is actually called the Devine Merciful One 9. The first energy I guess you would say or sum that came forth was what you would actually call the world in which all the energy or all the mass that ever is in creation before physical creation ever came into being - it's called the ocean and the...boy you're putting a lot on my mental efforts here. It's

the creative force that went forth and it's the formless to become form. It's that part of the universe that is both unmanifested and manifested and that was the devine aspect that first went forth. Then all these others followed. I would really have to sit down and meditate and really do some research and find out in what progression they came. 10. Another one is infinate happiness. 11. Another would be forgiveness. I hope I'm not renaming some of the ones I've already named now - I'm a little off. 12. Love, of course. 13. Patience 14Then it comes down to the actual creation of the yogas and the saints - this is a certain devine aspect of him which does manifest in the physical even to this day. Boy, I think that covers a lot of them - I don't hink I've covered them all though. If you'll make a list of the ones I've stated here, then I'll go over with you on what I might be missing and I can determine them.

Next question - There were 4 and now only you. This was probably referring to incarnations of my soul at this time. Where is the rest of your energy?

Well, it goes right back into the soul once again so it is collected within the soul itself. It's just that certain aspects will shoot off and maybe incarnate in a different body and a different awareness and develop a certain level of personality within each embodiment. And when that embodiment pulls back and that personality dies - that physical being dies - that energy goes back into the soul. So really it isn't with me but it is in my soul and I can draw on it if I need it. So that's how I think that would be explained.

How many parts of the soul are there? And expressing what?

Really there's only one soul - there's not parts of the soul per se, it's just like one energy, one state of being and it can split itself off. When it goes into the physical world this is a world of duality so you have the masculine and the feminine for one thing. So you either take on a masculine nature or a feminine nature - so

that is one aspect where you have polarities within the soul of the masculine or the feminine nature that can manifest. But in the true sense the soul is one and there aren't any parts to it so it would be very hard to say how many parts of the soul there are expressing what. Because there really are no parts - just one.

Next question: You mentioned a time in Tibet as a monk-priest. Were you the Dalai Lama? No. The Dalai Lama is the same soul throughout from the first incarnation as the founder of the Lama system and being the Dalai Lama - it has been the same soul throughout, incarnation after incarnation. It has never been a different soul. It has always been the same manifestation of that soul - just in a different body. So, no I was never the Dalai Lama. It has just been that same soul coming back again and again fulfilling a certain mission .

On the idea of the star named Sirius and the word serious, I don't know. That's a good question and you might want to maybe do some research with the development of the word serious in the English language. I don't even know where the name for the star comes from thought I think it might have something to do with meaning Dog Star.

Are you also learning as you teach? Definately - that's where I learn. That's where in a sense for giveness comes from - for as you enter into a state of giving and as you give you receive - you open yourself up and you become the chalice - the overflowing chalice - and as that chalice overflows and gives out the blood of life to humanity, it has to be refilled. And in refilling more and more knowledge, more and more understanding and awareness and comprehension of nature and spirit comes into your being. So really when I sit down here and I'm writing or talking or anything, I am learning as this is all happening and knowledge unfolds before my eyes as I'm giving it - it is not something that's always there on my consciousness unless

I give it it is not always in the forefront where I can see it and know it. So I'm constantly learning. This is one reason why I do have to be in the state of givingness, in order to learn, to grow.

Since we all come back so often together do we all owe each other or can we better function together doing what we have come to do? O.K., some of us owe certain things karmically, either good or bad. Some of us come back in a sense of neutral state together just to be of service together because we realize that in harmony as a group we have more energy than maybe just as one soul - and so we come back several times in group efforts to accomplish a purpose whereas one person really couldn't accomplish all that much. But also we do have some karma to work out and that's why we're back as well

Have you ever noticed that sometimes the questions make the full circle and come back to the very beginning? Yes, ha ha, definitely.

Are there other groups that we incarnate with to do different services? Often we will incarnate with a number of different groups at the same time. We have what would be called one main soul group in which our soul tends to incarnate with again and again to develop spiritually and maybe to be of service as well. And we will also come back with other groups that we have associated ourselves with in different incarnations either to work our karma, to be of service or to grow at some level. For instance with me, I am serving a lot of different areas at the same time. I have been serving in the public area on nutritional - that's one groups of souls that I have been working with, at the health food store, etc. - then I have been working with a group of individuals with Coptic developing that energy. Then there's the Spiritual Unity of Nations group and that group of souls. Now some of those actually overlap one into the other with Coptic and SUN. And with the Fetzer group - the foundation group that we have been working with here to develop as well. Before that in San Antonio there was

a group of us there working on spiritual development and upliftment of our own souls. So there are numbers of groups during a lifetime that we come in contact with - some to work out karma - some for spiritual upliftment and some for service.

Those that come back as often as most of us - is it lots and lots of karma or mainly for service, creativity, etc.? It's hard to say because each soul is very different from the other. So we all have karma to deal with, we all have karma to work with. But the main force that brings us back again and again in such rapid incarnations rather than awaiting times in the astral or mental level is that we have this soul drive of service, of giving, of doing for humanity. So we'll come back much more rapidly because of that push for service, for the fulfillment of that service and the goals that we have set. And in that process we are also working off certain levels of karma and hopefully not building up other karma as well.

Tape about to run out so will stop and start another. If you have any questions call me. I'll start with the next question on the next tape and then mail that to you. You may want me to expand some on these but at least this will give us a start.